

Balancing Structure, Structuring Balance Sarah McCroskey ©2011

Have you noticed? Much of the given structure of "reality" is changing, falling away...or are we, in fact, restructuring "reality?"

If our individual and collective sense of self, sense of balance or safety is based on the stability of an outside reality – well, "the times they are a'changing" – and our knees may be knocking. Having been systematically trained to shift our inside reality to "fit in" to an outside structure, when that outside structure

begins to falter, the question arises - "Who Am I?"

It's about time.

When we look at the crazy, quasi-reality to which we have conceded our sovereignty, in which we attempt to stay afloat – the question is, "Are these changes and shifting seas a cause for alarm or celebration?"

Economic markets based on separation, dog-eat-dog and resource wars are in flux. The climate of our home planet is changing. Our political and social institutions worldwide are unstable or non-working principally because they have been founded on the first two notions - economic cannibalism and disconnecting from our Earth community.

Is this a calamity or our biggest opportunity in lifetimes?

When manifest "reality" is actually "reality by consensus" isn't it time to quit acting like it's "out there" being done to us? Finally, we can drop our self reproach, our dissatisfactions and our chaotic scurrying to "make it" in a world paradigm we don't even believe in anymore. It's good news!

For in truth our soul has been compelling us – "go INSIDE." Our bodies have been urging us – "slow down, enjoy Nature, drink clean water/food, open the heart, connect." We came in with this decree. We have always known how to be ourSelf – interconnected with Spirit, planet and one another.

We agreed to forget and fragment and pretend that there was something OUTSIDE of us that held the power, made rules we had to live by. Hasn't limitation been fabulous? A human art form, extraordinaire.

But in fact, all structure is created. In actuality everything is energy. Even solid mass is known by scientists and physicists alike to be 99.999% space. The power of OUR AGREEMENT CREATES the structure of our "reality."

That which is predicated on lies – that we're flawed, that there isn't enough, that some must starve so others may flourish, that peace is achieved through war, that you and I are separate – that which is founded on lies is faltering and will dissolve. That is, unless we keep "agreeing" that it's real, has merit, must survive or else!

The piece that is being revealed through all this seeming loss is the Infinite Identity, the identity our soul and balanced body know as true. Personally, collectively, consciously and worldwide - we are being asked to go INSIDE.

We are being cosmically freed to come home to our true Selves and to structure our "reality by consensus" from there.

Multi-talented, unique – listening and truly seeing ourSelf in one another – our New Earth journey is in full swing.

Are you ready to let go of drama? Of control? Of being right? Of suffering? By choice and in faith we each sense the passageway to pure potential. Reconnecting with Earth and Heart in any way is *the* way.

Once connected to soul, planet, essence and love you radiate this possibility. You make new choices – ones that generate a new context for all agreements.

From this place, take a look around. You will soon notice...the world is following suit.